



## Robin Revesz

Robin has more than 12 years experience as a gymnast including four years in college on gymnastic scholarships. She has competed in numerous tournaments both individually and as a member of the NCAA championship Indiana University of Pennsylvania Women's Gymnastic Team. Robin has instructed gymnastic classes for the Grove City YMCA for 10 years as well.



# CSF

COOL SPRINGS FITNESS  
& AQUATICS  
724-662-1910

COOLSPRINGSFITNESS.COM

## RATES

**Six-Weeks**  
**6 classes**

Pre-School to Grade 7

Members: \$45.00

Non-members: \$70.00

Looking for an effective FUN way to get your child moving? This program will help develop coordination, improve strength, and it promotes fitness.



Winter Session 2 Begins  
February 27, 2018  
No classes March 6 & 8

*We Emphasize the  
Fun of Learning  
and Accomplishing*



## PRE-SCHOOL

- \* For ages 3, 4 and 5
- \* Child must be comfortable separated from parent
- \* Structured classes teaching basics of gymnastics

**Thursday 4:30 - 5:15 PM**

## GRADES 3 Through 6

- \* Introducing acrobatic skills
- \* Increased development of strength, flexibility and balance
- \* Learn the benefits of a strong work ethic

**Thursday 6:45-7:45 PM**

## Advanced Gymnastics

Student's skill level will be pre-assessed prior to entering this class.

**Tuesday 5:30 - 6:30 PM**

## K THROUGH GRADE 2

- \* For children in kindergarten, first and second grades
- \* Energetic and structured
- \* Encouraging new skills in a positive environment

**Thursday 5:30 - 6:30 PM**

## TUMBLING

### Grade 2 Through 7

- \* Student must be able to do cartwheels & handstands to enter this class.
- \* Skills learned will include front & back walkovers, front & back handsprings

**Tuesday 4:30-5:30 PM**

**Tuesday 6:45-7:45 PM**



These classes are for all levels, whether just beginning or wanting to learn new skills. We will be tumbling, vaulting, using a low beam as well as a high beam and also working on uneven bars.

