



Robin Revesz

Robin has more than 12 years experience as a gymnast including four years in college on gymnastic scholarships. She has competed in numerous tournaments both individually and as a member of the NCAA championship Indiana University of Pennsylvania Women's Gymnastic Team. Robin has instructed gymnastic classes for the Grove City YMCA for 10 years as well.



**FITNESS
& AQUATICS**
724-662-1910

COOLSPRINGSFITNESS.COM

RATES

Six-Weeks
6 classes

Pre-School to Grade 7

Members: \$45.00

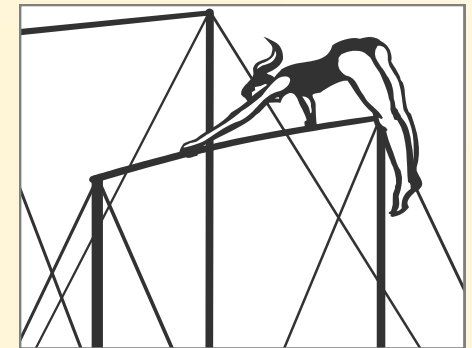
Non-members: \$70.00

Looking for an effective **FUN** way to get your child moving? This program will help develop coordination, improve strength, and it promotes fitness.



GYMNASTICS

**CLASSES FOR
AGES 3 to 12**



**We Emphasize the
Fun of Learning
and Accomplishing**

Cool Springs GYMNASTICS

Advanced Gymnastics

Student's skill level will be pre-assessed prior to entering this class.

Tuesday 5:30 - 6:30 PM



PRE-SCHOOL

- * For ages 3, 4 and 5
- * Child must be comfortable separated from parent
- * Structured classes teaching basics of gymnastics

Thursday 4:30 - 5:15 PM

K THROUGH GRADE 2

- * For children in kindergarten, first and second grades
- * Energetic and structured
- * Encouraging new skills in a positive environment

Thursday 5:30 - 6:30 PM

These classes are for all levels, whether just beginning or wanting to learn new skills. We will be tumbling, vaulting, using a low beam as well as a high beam and also working on uneven bars.

GRADES 3 Through 6

- * Introducing acrobatic skills
- * Increased development of strength, flexibility and balance
- * Learn the benefits of a strong work ethic

Thursday 6:45-7:45 PM

TUMBLING

Grade 3 Through 7

- * Student must be able to do cartwheels & handstands to enter this class.
- * Skills learned will include front & back walkovers, front & back handsprings

Tuesday 4:30-5:30 PM

Tuesday 6:45-7:45 PM

