

SATURDAY CLASSES

AUGUST 2018

8/4

8:00 AM

9:00 AM

3-D Fit w/Jen

H2O w/Paula

8/11

8:00 AM

9:00 AM

TRX w/Christine

H2O w/Christine

8/18

8:00 AM

9:00 AM

SPIN w/Cathy

H2O w/Liz

8/25

8:00 AM

9:00 AM

BOXING w/Vesta

H2O w/Gina