

January Classes

1/5

8am Target the Core
w/ Christine

9am H2O w/Christine



1/12

8am Functional Fitness
w/Vesta

9am H2O w/ Paula

1/19

8am Spin w/Cathy

9am H2O w/ Christi



1/26

8am TRX w/Renee

9am H2O w/Liz

