



# OCTOBER CLASSES

**10/6**

**8:00 AM Land**  
**Spinning w/ Amy**

**9:00 AM Water**  
**H2O w/Liz**

**10/13**

**8:00 AM Land**  
**Gina**

**9:00 AM Water**  
**H2O w/Joni**

**10/20**

**8:00 AM Land**  
**Boxing w/ Vesta**

**9:00 AM Water**  
**H2O w/ Mystery**

**10/27**

**8:00 AM Land**  
**Christine**

**9:00 AM Water**  
**H2O w/Paula**