

SATURDAY CLASSES

SEPTEMBER 2018

9/1

8:00 AM

3-D Fit w/Jen

9:00 AM

H2O w/Paula

9/8

8:00 AM

Barre w/ Jamie

9:00 AM

H2O w/Liz

9/15

8:00 AM

Yoga w/ Lori

9:00 AM

H2O Yoga w/Lori

9/22

8:00 AM

BOXING w/ Christi

9:00 AM

H2O w/ Christi

9/29

8:00 AM

TRX w/Vesta

9:00 AM

H2O w/ Amy