

# December Classes

**12/1**

8am Spin w/ Cathy

9am H2O w/ Liz



**12/8**

8am Functional Fitness  
w/ Vesta

9am H2O w/mystery

**12/15**

8am Barre w/ Jamie

9am H2O with Paula

**12/22**

8am TRX w/ Amy

9am H2O with Amy

**12/29**

8am Spin with Amy

9am H2O with Amy

**HAPPY  
HOLIDAYS**

